

# Physical Activity 2020



Partner with us in 2020 to increase employee physical activity and reduce sedentary behavior at your worksite. We provide:

- **Ready-to-Implement Resources**

We've developed comprehensive strategies that are ready for roll out to your employees.

- **Assessments & Tailored Reports**

We help you evaluate your current culture to determine steps to move your worksite forward.

- **Ongoing Support**

Phone calls, newsletters, and webinars. We are here to help!

**ALL SERVICES ARE  
PROVIDED AT NO COST  
TO YOUR WORKSITE!**

**GOOD  
HEALTH IS  
GOOD BUSINESS**

**WorkWellKS**

*“Teaming up with WorkWell KS was the catalyst that we needed to take our wellness program to the next level and the next and the next.”*

*- Kris Misak, Orion Education & Training*

Since 2012, WorkWell KS has provided training, resources, and technical assistance for worksites to develop comprehensive worksite wellness plans. We've worked with more than 800 worksites in 126 communities across Kansas.

**What's in it for your worksite?**  
Comprehensive Worksite Wellness can...

- ★ Decrease Worksite Costs
- ★ Reduce Absenteeism
- ★ Reduce Healthcare Costs
- ★ Improve Employee Health
- ★ Increase Productivity
- ★ Boost Morale & Retention

To Learn More...

**Contact Us**

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